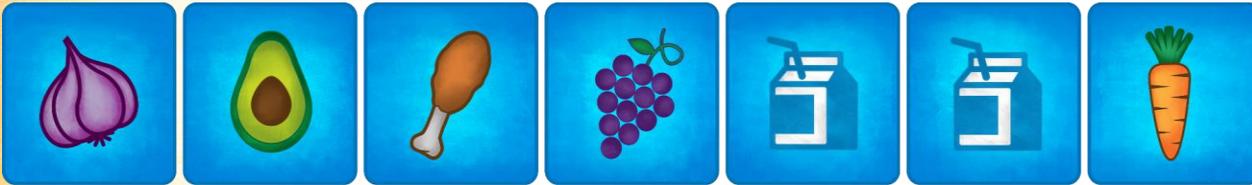


NATIONAL SCHOOL LUNCH WEEK



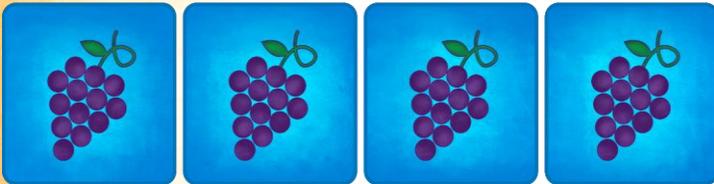
LEVEL UP



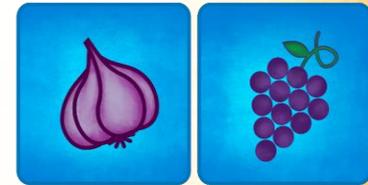
with School Lunch



Taste Test Guide



SquareMeals.org/NSLW



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs

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www.SquareMeals.org

LEVEL UP

with School Lunch



TASTE TEST RECIPE

#NSLWBiteSeenAcrossTexas

Conducting a taste test is a fun activity and engaging way to get student feedback. Incorporate this year's NSLW Taste Test Recipe, Beta-Bake into your school lunch celebration!



WHAT IS BETA-BAKE ?

Baked Batatas (Sweet Potatoes) and Apples

Sweet & savory dish seasoned with cinnamon & brown sugar

Features Texas Gala Apples

#NSLWBiteSeenAcrossTexas

Highlights October Harvest of the Month

Introduce this locally sourced treat to students on the lunch line or in the cafeteria in a variety of ways:

- Sliced Gala Apples Taste Test (page 32 of Recipe Book)
- Baked Batatas and Apples Taste Test (page 33)
- See TDA's Taste Test Toolkit for more ideas!



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Use TDA's newly created Taste Test Toolkit at [SquareMeals.org/NSLW](https://www.squaremeals.org/NSLW) to conduct a taste test. Use our hashtag on your social media posts to share with us your events: #NSLWBiteSeenAcrossTexas

NSLW Taste Testing Guide

Plan your own taste testing event by following this guide. Plan a taste testing event to celebrate National School Lunch Week by trying a “Beta Bake”! Visit [SquareMeals.org](https://www.squaremeals.org) for a detailed taste testing project planner and orderable materials!

Getting Started



- Order TDA NSLW 2023 materials
- Notify your staff, teachers, and administration about your event
- Create a team of volunteers to help run your event
 - Include staff, teachers, parents, students, and/or community members!
- Plan your purchasing for the “Beta Bake” and other materials needed
- Promote your event!
 - Make announcements, hang posters and flyers, and post on social media!

During the Event



- Promote the event during morning announcements
- Make sure your event team is ready to go!
- Set up and prepare the “Beta Bake” for the event
- Handout the food samples and ballots to students
- Take photos!
- Collect all taste testing ballots and clean up the event

After the Event



- Tally your ballots and record your results
- Share the results of your event with your school and community!
- Don't forget to share photos and stories with TDA at nutrition@texasagriculture.gov



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NSLW Taste Testing Guide

How Will You Run Your Taste Test Event?

Below are ideas, tips, and considerations!



Taste Testing Table

- Set up a table in your lunchroom for students to visit during or after they finish their lunch.
- Have students fill out ballots at the table or allow them to take their food sample and ballot back to their seats.
- **Considerations:** How many volunteers are needed? Will you provide pens/pencils?



Service Line

- Have the food item in its whole/raw form at the beginning of the line for all students to see. Serve the taste testing item in the service line.
- Give each student who takes a sample a ballot to fill out OR have students fill ballots out at a designated table after they have tried the food sample
- **Considerations:** Will you provide pens/pencils?



Delivery

- Walk through your lunchroom and handout samples and ballots using a cart.
- Other event volunteers can follow behind to assist students and collect complete ballots and writing utensils.
- **Considerations:** How many volunteers are needed? Will you refill the cart or stop the taste testing when all the samples are gone? Will you provide pens/pencils?



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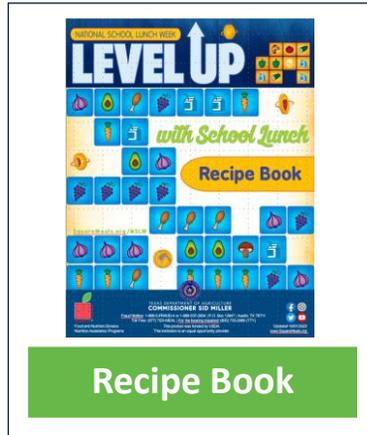


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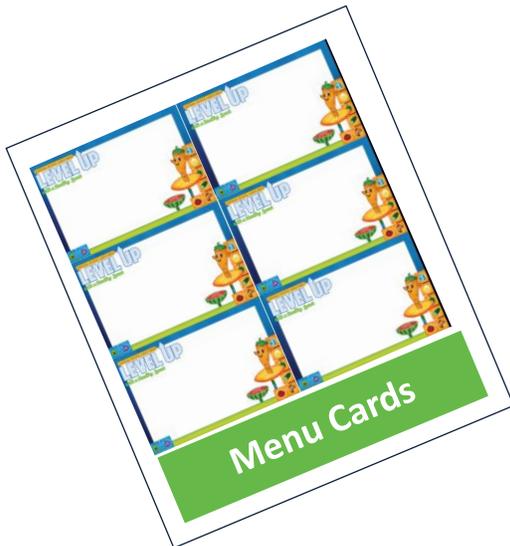
NSLW Taste Testing Guide

Promote Your Event!

Use TDA resources and materials to promote your taste testing event and celebrate National School Lunch Week!



Check out these resources!



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